

Stimată Doamnă Președinte,

Stimați membri ai Consiliului Director,

Stimați colegi,

Subsemnatul, Valentin-Petre Matei, medic primar psihiatru în Spitalul Clinic de Psihiatrie "Prof. Dr. Alexandru Obregia", Conferențiar al Universității de Medicină și Farmacie "Carol Davila", București, doresc să-mi depun candidatura pentru funcția de Membru în Consiliul Director al Asociației Române de Psihiatrie și Psihoterapie, poziția de Coordonator al activităților comisiilor de lucru și al activităților științifice de publicare.

Experiența dobândită în domeniul cercetării științifice psihiatrice și pedagogice mi-a oferit, în primul rând, posibilitatea familiarizării cu rigurozitatea științifică și modalitățile de operare în conexiune cu aspectele didactice, organizaționale și logistice.

Cu ocazia următorului mandat ARPP, în calitate de Membru în Consiliul Director, îmi propun, în primul rând, să mă implic în proiectele aflate în desfășurare, iar, ulterior, să sprijin în mod activ cultivarea unor relații de colaborare eficiente, atât la nivel național, cu Comisia de Psihiatrie din cadrul Ministerului Sănătății, cu Casa Națională de Asigurări de Sănătate, cu Colegiul Medicilor, cu Departamentele de Psihiatrie din cadrul Universităților de Medicină și Farmacie din țară, cu Asociații profesionale internaționale, cu organizații de profil, precum the European Psychiatric Association (EPA), the European College of Neuropsychopharmacology (ECNP) și the World Psychiatric Association (WPA), în vederea:

- elaborării unor recomandări naționale, în conformitate cu standardele europene și aplicabile la nivel local, în ceea ce privește pregătirea în psihiatrie pentru studentul la medicină, rezidentul în psihiatrie, rezidenții în specialitățile medicale asociate, precum și cea pentru membrii unei viitoare echipei terapeutice multidisciplinare;
- elaborării unor protocoale terapeutice ce vor veni în ajutor medicilor psihiatri și medicilor de familie în activitatea practică
- continuării dezvoltării activității editoriale din cadrul Revistei Române de Psihiatrie prin cooptarea de autori activi la nivel național, un target important fiind studenții doctoranzi de la nivel național
- indexării Revistei Române de Psihiatrie în bazele de date internaționale
- dezvoltării unui sistem de formare profesională continuă – competențe, conferințe, cursuri, etc.;
- atragerii de fonduri nerambursabile și încurajarea cercetării psihiatrice în cadrul unui mediu academic internațional;

Valentin Matei

**INFORMAȚII  
PERSONALE**

Matei Valentin Petre



Sex Masculin | Data nașterii 1969 | Naționalitate Română

**EXPERIENȚĂ  
PROFESIONALĂ**

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- |              |   |
|--------------|---|
| 2022-prezent | Membru în comisia de echivalare titluri psihiatrie<br>Conform adresei AR2944/31.12.2021<br><i>Ministerul Sănătății, București</i> |
| 2018-prezent | Membru in Comisia De Psihiatrie a Ministerului Sanatatii  |
| 2014-prezent | Secretar de redacție<br><i>Revista Română de Psihiatrie a Asociației Române de Psihiatrie și Psihoterapie</i>                     |
| 2022-prezent | Conferențiar Universitar<br>Decizia nr.<br><i>Universitatea de Medicină și Farmacie „Carol Davila”, București</i>                 |
| 2022-        | Conferențiar Universitar<br>Decizia nr. 463/22.02.2022<br><i>Universitatea de Medicină și Farmacie „Carol Davila”, București</i>  |
| 2013-prezent | Medic Primar Psihiatru<br><i>Secția II Clinic, Spitalul de Psihiatrie „Prof. Dr. Alexandru Obregia”, București</i>                |
| 2011-2013    | Medic Șef Secție<br><i>Secția XIII Clinic, Spitalul de Psihiatrie „Prof. Dr. Alexandru Obregia”, București</i>                    |
| 2008-2013    | Medic Specialist Psihiatrie<br><i>Spitalul de Psihiatrie „Prof. Dr. Alexandru Obregia”, București</i>                             |
| 2007-2008    | Medic Specialist Psihiatrie<br><i>Spitalul de Psihiatrie „Săpunari”, Călărași</i>   |
| 2007         | Bursă cercetare<br><i>Maudsley “Institute of Psychiatry”, Londra, Regatul Unit</i>  |
| 2006-2007    | Director Medical<br><i>Tangent Data (Organizație de Cercetare Clinică), București</i>   |
| 2003-2007    | Medic Specialist<br><i>Centrul de Reabilitare și Recuperare Neuropsihiatrică (CRRN) „Bălăceanca”, Ilfov</i>                       |
| 2004         | Bursă practică clinică<br><i>Queen Elisabeth Hospital, Psihiatria Vârstnicului, Londra, Regatul Unit</i>                          |

- 1998-2002 Medic Rezident  
*Spitalul de Psihiatrie „Prof. Dr. Alexandru Obregia”, București*
- 1997-1998 Medic Stagiar  
*Spitalul Județean Bacău, Bacău*

## EDUCAȚIE ȘI FORMARE PROFESIONALĂ

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- 2012 Doctor în Științe Medicale  
Conform Ordinului Ministerului Educației, Cercetării, Tineretului și Sportului nr. 6149/7.11.2021  
*Universitatea de Medicină și Farmacie "Carol Davila", București*
- 2012 Serie de 3 cursuri deschise British Medical Journal  
*Universitatea de medicină și Farmacie "Iuliu Hațieganu", Cluj-Napoca*
- 2012 Lector invitat ECNP Seminar in Neuropsychopharmacology  
ECNP, Bran
- 2011-2012 Curs pentru obținerea atestatului în „Managementul Serviciilor de Sănătate”  
*Școala națională de sănătate, management și perfecționare în domeniul sanitar, Ministerul Sănătății, București*
- 2009 Atestat Medic Primar Psihiatrie  
Conform ordinului MS nr. 1200/2009  
*Ministerul Sănătății, București*
- 2007 Stagiul Cercetare  
*Maudsley Institute of Psychiatry, Londra, Regatul Unit*
- 2005 Advanced Maudsley Forum,  
Londra, Regatul Unit
- 2005 Cursul educațional interactiv  
*Colegiul European de Neuropsihofarmacologie, Poiana Brașov*
- 2005 Diploma Participare  
*Al 18-lea Congres European - ECNP , Olanda*
- 2004 Diploma absolvire curs  
*The 4-Th Maudsley Forum, Londra, Regatul unit*
- 2004 Stagiul Clinic  
*Queen Elisabeth Hospital, Londra, Regatul Unit*
- 2002 Curs intensiv - Terapia interpersonală în depresie, Neuroanatomie pentru psihiatrii,  
Genetica moleculară a schizofreniei  
*Asociația Europeană a Psihiatrilor, Stockholm, Suedia*
- 2002 Atestat Medic Specialist Psihiatrie  
Conform Ordinului MS nr.1024/2002.  
*Ministerul Sănătății, București*

1996 Diplomă doctor-medic  
Nr. 444/10.03.1997  
Universitatea de Medicină și Farmacie "Grigore T. Popa", Iași

## COMPETENȚE LINGVISTICE

Limbă maternă Română

Alte limbi	COMPREHENSIVNE		CONVERSAȚIE	EXPRIMARE SCRISĂ
	Orală	Citit		
Engleză	C2	C2	C2	C2
Franceză	B2	B2	B1	B1

### COMPETENȚE DE COMUNICARE ȘI INTERPERSONALE

#### **Psihiatru Clinician/ Cadru Universitar**

Bune abilități de comunicare și ascultare. Leadership, creativitate, perseverență, capacitate de sinteză și analiză.

### COMPETENȚE DE MANAGEMENT ȘI CONDUCERE

#### **Medic Șef Secție**

Bune competențe de management și conducere personalului (conducerea secției XIII din cadrul Spitalului de Psihiatrie „Prof. Dr. Alexandru Obregia”)

### COMPETENȚE DIGITALE

Navigare Internet / Zoom / Utilizare buna a programelor de comunicare (mail messenger skype) / Microsoft Office (Microsoft Word Microsoft Excel Microsoft PowerPoint Microsoft Visio) / SPSS - nivel avansat / Gogle Suite (Gmail, Google Drive, Google Slide, Google Sheet, Google Form)

### PERMIS DE CONDUCERE

Categoria  
▪ B

## INFORMAȚII ADIȚIONALE

### MEMBRU ÎN COMITETE EDITORIALE

Membru în comitetul editorial al Revistei Române de Psihiatrie (CNCSIS cat B+).

### MEMBRU ÎN SOCIETĂȚI

Membru al Asociației Române de Psihiatrie și Psihoterapie

**PROFESIONALE** Colegiul Medicilor din București

**REFEREND** Referend pentru *European Neuropsychopharmacology, Archives of Psychiatric Nurses, Comprehensive Psychiatry, Schizophrenia Research*

**PREMII/DISTINCȚII** Câștigător al European College of Neuropsychiatry Educational Comitee Award 2005.  
Expert Local în cadrul ECNP Seminar - Romania, 2012

- ACTIVITATE DE CERCETARE ȘI PUBLICAȚII**
1. **Director de proiect.** SUCCESS – Strategii de comunicare eficienta si sprijin in gestionarea situatiilor de zi cu zi pentru persoanele implicate in ingrijirea dementei. AAL NR 48/2017, cod proiect AAL2017-AAL-2016-089-SUCCESS-1).
  2. Grant internațional: studiul OPTiMiSE, study FP7 – **Membru al echipei de studiu** OPTiMiSE study (Optimization of Treatment and Management of Schizophrenia in Europe) is identified: FP7-HEALTH-2009-single-stage, number: 242114, cod activity: HEALTH-2009-2.2.1- 3.
  3. Grant național – **membru în echipa de studiu proiect TELEDIM** (431 19.11.2012)
  4. Parkinson: A phase III, double blind, placebo-controlled study to determine the efficacy and safety of a low (50mg/day) and high (100mg/day) dose of safinamide, as "add-on" therapy, in patients with idiopathic Parkinson's disease with motor fluctuations, treated with a stable dose of Ldopa and who may be receiving concomitant treatment with stable doses of a DA-agonist and/or an anticholinergic. NW-1015/1016 – **Membru in echipa de cercetare**
  5. Parkinson: A phase III, double-blind, placebo-controlled, 18-month extension study of NW-1015/016/III/2006 to investigate the long-term efficacy and safety of a low (50mg/day) and high (100mg/day) dose of safinamide, as „add-on” therapy, in patients with idiopathic Parkinson's disease with motor fluctuations, treated with a stable dose of L-dopa and who may be receiving concomitant treatment with stable doses of DA-agonist, and/or anticholinergic. NW-1015/1018 – **Membru in echipa de cercetare.**
  6. EUFEST – first episode psychosis: European First Episode Schizophrenia Trial (EUFEST). **Membru in echipa de cercetare**
  7. **Investigator principal.** A randomized trial administering allopurinol vs placebo as add-on to antipsychotics in patients with schizophrenia. ALL-S-01
  8. **Investigator principal.** Allopurinol for mania: A randomized trial administering allopurinol vs placebo as add-on to mood stabilizers and/or antipsychotics in patients in a bipolar manic episode. ALL-BP-01.
  9. **Investigator principal.** A randomized trial administering Sodium Nitroprusside vs placebo as add-on to antipsychotics in patients with schizophrenia. SNP-S-01.
  10. **Investigator principal.** “A multicenter, randomized, double-blind, parallel-group, placebo-controlled, monotherapy, 12-week study to evaluate the efficacy and safety of 2 fixed doses of MIN-101 in adult patients with negative symptoms of schizophrenia, followed by 40-week open-label extension”. Protocol MIN101C07, Phase III.
  11. **Investigator Principal:** „A randomized trial administering minocycline, acetylsalicylic acid or pramipexole vs placebo as add-on to antipsychotics in patients with schizophrenia or schizoaffective disorder”, Protocol no. MAP-S-01, Sponsor: Weiser, MD, phase III B, 2011-2012

12. **Investigator Principal:** "A randomized trial administering raloxifene vs placebo as add-on to antipsychotics in postmenopausal patients with schizophrenia or schizoaffective disorder", study identification: ". Protocol no. RAL-S-01, Sponsor: Weiser, MD, phase III B, 2011-2012
13. **Investigator Principal:** "Early switching strategy for non-response to antipsychotics in schizophrenia". Protocol no. SWITCH 01KG0910, Sponsor: PD Dr. Stefan Leucht, phase IV, 2012.
14. **Investigator Principal.** "A randomized, double-blind, valnoctamide, placebo and risperidone-controlled trial in bipolar manic patients". Protocol no. VCD-BP-01, Sponsor Prof. Dr. . Mark Weiser, 2013
15. **Investigator Principal.** "A randomized, double-blind, placebo controlled study to evaluate the efficacy and safety of Naproxen, Simvastatin and their combination, compared to placebo as add-on to anti-psychotics in the treatment of patients with schizophrenia or schizoaffective disorder". Protocol no NAS-S-01, Sponsor The Stanley Medical Research Institute, phase III, 2013
16. **Investigator Principal.** "A randomized, double-blind, placebo controlled study to evaluate the efficacy and safety of aspirin, compared to placebo as add-on to anti-psychotics in the treatment of patients with schizophrenia or schizoaffective disorder and high CRP levels". Protocol no ASA-CRP-01, Sponsor Prof. Dr. Mark Weiser, 2014

#### I. Cele mai relevante 10 lucrări

1. Weiser, M, Zamora, D, Levi, L, Nastas, I, Gonen, I, Radu, P, Matei, V, Nacu, A, Boronin, L, Davidson, M, Davis, JM. Adjunctive Aspirin vs Placebo in Patients With Schizophrenia: Results of Two Randomized Controlled Trials. *Schizophrenia Bulletin* 2021; 47:1077-1087. DOI: 10.1093/schbul/sbaa198
2. Matei V, Pavel A, Giurgiuca A, Roșca A, Sofia A, Duțu I, Tudose C. (2020). Knowledge of Prevention Measures and Information About Coronavirus in Romanian Male Patients with Severe Mental Illness and Severe Alcohol Use Disorder. *Neuropsychiatric Disease and Treatment* 2020, 16:2857-2864. <https://doi.org/10.2147/NDT.S278471>
3. Radu Mihai Paun, Alexandru Neculai Pavel, Matei Petre Valentin. (2020). When Do Psychiatric Patients Get Better? Timeline and Implications of Clinical Response to Treatment in Serious Mental Illness. *Psychiatry and Clinical Psychopharmacology*. doi: 10.5455/PCP.20200917051316
4. Matei VP, Mihăilescu AI, Gheorghe IR, Grigoraș R, Crasan A, Roșca A, Popa-Velea O. 2020. Clinical Validity of Subjective Clinical Prognosis in First Episode Psychosis Schizophrenia Patients: An Analysis of Data from the European First Episode Schizophrenia Trial (EUFEST) Study. *Neuropsychiatric Disease and Treatment* 2020, 16:1279-1284. <https://doi.org/10.2147/NDT.S246492>
5. Levi, L., Burshtein, S., Hagin, M., Matei, V. P., Podea, D., Micluția, I., & Tiugan, A. (2017). Raloxifene Plus Antipsychotics Versus Placebo Plus Antipsychotics in Severely Ill Decompensated Postmenopausal Women With Schizophrenia or Schizoaffective Disorder. *J Clin Psychiatry*, 78(7), e758-e765. DOI: 10.4088/JCP.15m10498
6. Weiser, M., Levi, L., Levine, S. Z., Bialer, M., Shekh-Ahmad, T., Matei, V., ... & Zamora, D. (2017). A randomized, double-blind, placebo-and risperidone-controlled study on valnoctamide for acute mania. *Bipolar disorders*, 19(4), 285-294. DOI: 10.1111/bdi.12506
7. Heres S, Cirjaliu DM, Dehelean L, Matei VP, Podea DM, Sima D, Stecher L, Leucht S. The SWITCH study: rationale and design of the trial. *Eur Arch Psychiatry Clin Neurosci*. 2016 Sep; 266(6):513-21, ISSN: 0940-1334. DOI:

10.1007/s00406-015- 0624-y

8. Matei VP, Mihailescu A, Paraschiv G, Al-Bataineh R, Purnichi T. Weight Gain and Antipsychotics. Data from EUFEST Study. *Acta Endocrinologica (Buc)*, vol. 12 (2), p:177-184, 2016, ISSN: 1841-0987. doi: 10.4183/aeb.2016.177

9. Matei VP, Mihailescu AI, Davidson M, Is non-pharmacological treatment an option for certain schizophrenia patients? *Psychiatr Danub.* 2014 Dec 26(4):308-13 ISSN: 0353- 5053. PMID: 25377364

10. Matei, V. P., Purnichi, T., Mihailescu, A., & Grigoras, R. (2018). PROLACTIN LEVEL IN PATIENTS WITH FIRST EPISODE SCHIZOPHRENIA TREATED FOR ONE YEAR WITH ATYPICAL ANTIPSYCHOTICS. *Acta Endocrinologica (Bucharest)*, 14(4), 483. DOI: 10.4183/aeb.2018.483

## II. Cărți și capitole de carte

1. "Factori de risc acționând în copilărie asociați cu dezvoltarea depresiei la adult" Ed. Semne-Artemis (2012, ISBN 978-606-15-0300-1 indexată CNCSIS).

2. Valentin Matei, Ana Giurgiuca, Alina Rosca, Catalina Giurgi-Oncu. "Sinteze de ghiduri și recomandări în terapia tulburărilor psihiatrice" Ed. MedicHub Medica (2018, ISBN 978-606-927-5-6).

3. V. Matei, V. Marinescu. Strategii terapeutice în tratamentul tulburării anxioase generalizate cu elemente depresive. Asocierea mirtazapinei la buspironă în tratamentul tulburării anxioase generalizate cu elemente depresive. Ed. Babel (2001, ISBN 973- 85431-0-X).

4. Alexandra Ioana Mihailescu, **Valentin Petre Matei**. Cap 5. Psihofarmacologie în cardiologie. Psihocardologie. Ioan Bradu-Iamandescu, Crina Julieta Sinescu Ed. ALL (2015, ISBN 978-606-587-367-4). - [https://www.all.ro/media/attachment/file/p/s/psihocardiologia\\_pdf.pdf](https://www.all.ro/media/attachment/file/p/s/psihocardiologia_pdf.pdf)

## Articole în reviste cotate ISI

1. Marco Solmi et al. The collaborative outcomes study on health and functioning during infection times in adults (COH-FIT-Adults): Design and methods of an international online survey targeting physical and mental health effects of the COVID-19 pandemic. *Journal of Affective Disorders* 2022; 299 (393-407). DOI: <https://doi.org/10.1016/j.jad.2021.07.048>

2. Giurgiuca, A., Giurgi-Oncu, C., & Matei, V. P. (2021). Training and retaining mental health professionals: The Romanian experience in the European Union. *Asia-Pacific Psychiatry*, e12498. <https://doi.org/10.1111/appy.12498>

3. N Pavel A, Paun R, P Matei V. The use of cannabidiol in treating psychiatric disorders: A systematic review. *Psychiatr Clin Psychopharmacol.* 2021; 31(2): 226- 232. DOI: 10.5152/pcp.2021.21743

4. Mark Weiser, Daisy Zamora, Linda Levi, Igor Nastas, Ilan Gonen, Paull Radu, Valentin Matei, Anatol Nacu, Larisa Boronin, Michael Davidson, John M Davis, Adjunctive Aspirin vs Placebo in Patients With Schizophrenia: Results of Two Randomized Controlled Trials, *Schizophrenia Bulletin*, 2021; DOI <https://doi.org/10.1093/schbul/sbaa198>

5. Matei V, Pavel A, Giurgiuca A, Roșca A, Sofia A, Duțu I, Tudose C. (2020). Knowledge of Prevention Measures and Information About Coronavirus in Romanian Male Patients with Severe Mental Illness and Severe Alcohol Use Disorder. *Neuropsychiatric Disease and Treatment* 2020, 16:2857-2864. <https://doi.org/10.2147/NDT.S278471>

6. Radu Mihai Paun, Alexandru Neculai Pavel, Matei Petre Valentin. (2020). When Do Psychiatric Patients Get Better? Timeline and Implications of Clinical Response to Treatment in Serious Mental Illness. *Psychiatry and Clinical Psychopharmacology*. doi: 10.5455/PCP.20200917051316

7. Matei VP, Mihailescu AI, Gheorghe IR, Grigoraș R, Crasan A, Roșca A, Popa-Velea O. 2020. Clinical Validity of Subjective Clinical Prognosis in First Episode Psychosis Schizophrenia Patients: An Analysis of Data from the

European First Episode Schizophrenia Trial (EUFEST) Study. *Neuropsychiatric Disease and Treatment* 2020, 16:1279-1284.

<https://doi.org/10.2147/NDT.S246492>

8. Purnichi, T., Matei, V. P., Grigoras, R., Banu, C. R., & Pirlog, M. C. (2019). Highsensitivity C-Reactive protein, possible biomarker for depression in elderly population. *Acta Endocrinologica (Bucharest)*, 15(2), 215. DOI: 10.4183/aeb.2019.215.

9. Giurgiuca, A., Rosca, A. E., Matei, V. P., Giurgioncu, C., Zgarbura, R., Szalontay, A. S., ... & PINTO, M. (2018). European Union Mobility, Income and Brain Drain. The Attitudes towards Migration of Romanian Psychiatric Trainees. *Revista de Cercetare si Interventie Sociala*, 63.

[https://www.rcis.ro/images/documente/rcis63\\_16.pdf](https://www.rcis.ro/images/documente/rcis63_16.pdf)

10. Rosca, Elena Alina; Alexinschi, Ovidiu Eugen; Brîncuș, Călin; Matei, Valentin Petre; and Giurgiuca, Ana (2018) "Quality of life in Romanian patients with schizophrenia based on gender, type of schizophrenia, therapeutic approach, and family history," *Journal of Mind and Medical Sciences: Vol. 5 : Iss. 2 , Article 10*.DOI: 10.22543/7674.52.P202209

11. Matei, V. P., Purnichi, T., Mihailescu, A., & Grigoras, R. (2018). Prolactin level in patients with first episode schizophrenia treated for one year with atypical antipsychotics. *Acta Endocrinologica (Bucharest)*, 14(4), 483. DOI: 10.4183/aeb.2018.483.

12. Matei, V. P., Rosca, E. A., Grigoras, R. M., Cozman, D., & Giurgiuca, A. (2018). Risk factors for suicide attempts that needed medical admission in bipolar I patients. *ROMANIAN JOURNAL OF LEGAL MEDICINE*, 26(3), 302-307. <http://rjlm.ro/system/revista/47/302-307.pdf>

13. Levi, L., Burshtein, S., Hagin, M., Matei, V. P., Podea, D., Micluția, I., & Tiugan, A. (2017). Raloxifene Plus Antipsychotics Versus Placebo Plus Antipsychotics in Severely Ill Decompensated Postmenopausal Women With Schizophrenia or Schizoaffective Disorder. *J Clin Psychiatry*, 78(7), e758-e765. DOI: 10.4088/JCP.15m10498

14. Weiser, M., Levi, L., Levine, S. Z., Bialer, M., Shekh-Ahmad, T., Matei, V., ... & Zamora, D. (2017). A randomized, double-blind, placebo-and risperidone-controlled study on valnoctamide for acute mania. *Bipolar disorders*, 19(4), 285-294. DOI: 10.1111/bdi.12506

15. Heres S, Cirjaliu DM, Dehelean L, Matei VP, Podea DM, Sima D, Stecher L, Leucht S. The SWITCH study: rationale and design of the trial. *Eur Arch Psychiatry Clin Neurosci*. 2016 Sep; 266(6):513-21, ISSN: 0940-1334, Impact Factor 4.113. DOI: 10.1007/s00406-015-0624-y

16. Matei VP, Mihailescu A, Paraschiv G, Al-Bataineh R, Purnichi T. Weight Gain and Antipsychotics. Data from EUFEST Study. *Acta Endocrinologica (Buc)*, vol. 12 (2), p:177-184, 2016, ISSN: 1841-0987, Impact Factor 0.235. doi: 10.4183/aeb.2016.1774

#### **Indexate PubMed sau BDI**

17. Radu-Mihai Păun, Alexandru Neculai Pavel, Valentin Petre Matei. 2019. Risk Factors for Involuntary Hospitalisation. *Romanian Journal of Psychiatry* Vol 4, 2019, p191- 193 - <https://www.romjpsychiat.ro/wp-content/uploads/2020/11/4-2019.pdf>

18. Irina Duțu, Valentin Matei, Cătălina Tudose. 2019. Risk Factors for Non-therapeutic Adhesion in Patients with Schizophrenia. *Romanian Journal of Psychiatry* Vol. 4, 2019, p207-210. <https://www.romjpsychiat.ro/wp-content/uploads/2020/11/4-2019.pdf>

19. Valentin P. Matei, Alexandru N. Pavel, Irina Duțu Alina E. Roșca, Ana Giurgiuca. 2019. Employment in Urban, Stable Schizophrenia Patients. *Romanian Journal of Psychiatry* Vol.4, 2019, p211-215.



- <https://www.romjpsychiat.ro/wpcontent/uploads/2020/11/4-2019.pdf>  
20. Cătălina Hogeia, Alexandru N. Pavel, Valentin P. Matei. 2019. Neuroleptic Malignant Syndrome in a Patient with Bipolar Disorder Treated with Clozapine. Romanian Journal of Psychiatry Vol. 4, 2019, p216-217.
- <https://www.romjpsychiat.ro/wpcontent/uploads/2020/11/4-2019.pdf>  
21. Alexandru N. Pavel, Irina Duțu, Ana Giurgiuca, Valentin P. Matei. Pharmacological Treatment of Cognitive Impairment in Patients with Major Depressive Disorder – A Review. Romanian Journal of Psychiatry Vol. 3, 2019, p138-140. <https://www.romjpsychiat.ro/wp-content/uploads/2020/07/3-2019.pdf>
22. Valentin P. Matei, Alexandru N. Pavel, Irina Duțu, Alina E. Roșca. The Effect of Depression on Objective and Subjective Quality of Life in Schizophrenia Diagnosed Patients. Romanian Journal of Psychiatry Vol 3, 2019, p154-156. <https://www.romjpsychiat.ro/wp-content/uploads/2020/07/3-2019.pdf>
23. Alexandru N. Pavel, Valentin P. Matei, Cătălina Tudose. The impact of nonpharmacological treatment on symptom reduction and progression of mild cognitive impairment to dementia. Romanian Journal of Psychiatry, 2018. P93-99. <https://www.romjpsychiat.ro/arhive/numarul/nr-3-2018>
24. Traian Purnichi, Alina E. Rosca, Ana Giurgiuca, Alexandru N. Pavel, Valentin P. Matei. Neuro-inflammation and its effects on cognition: a review of literature. Romanian Journal of Psychiatry, 2018. P100-103 <https://www.romjpsychiat.ro/arhive/numarul/nr-3-2018>
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